



Thin 'n Trim Ham & Pineapple Naan Pizza

Nutrition Facts			
Serving Size 1/4 naan pizza (162 grams)			
Servings Per Container 8			
Amount Per Serving			
Calories 180		Calories from Fat 30	
		% Daily Value*	
Total Fat 3.5g			6%
Saturated Fat 1g			4%
Trans Fat 0g			
Cholesterol 15mg			5%
Sodium 450mg			19%
Total Carbohydrate 27g			9%
Dietary Fiber 2g			7%
Sugars 13g			
Protein 11g			
Vitamin A 4%		• Vitamin C 20%	
Calcium 8%		• Iron 8%	
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat 9	•	Carbohydrate 4	• Protein 4